



Intimate Care Policy

Safeguarding and Welfare Requirement: Health

Providers must ensure there are suitable hygienic changing facilities for changing any children who are in nappies.

Policy statement

At Whitchurch Pre-School we welcome all children and will actively support parents in their choices regarding toileting. We work with our parents towards toilet training, unless there are medical or other developmental reason why this may not be appropriate at this time. No child is excluding from participating in our setting.

We provide nappy changing facilities and exercise good hygiene practices to accommodate children who are not yet toilet training. We see toilet training as a self care skill that children have the opportunity to learn with the full support of adults.

Procedures

- Whitchurch Pre-School staff have a list of personalised changing times for the children in our care who are in nappies or 'pull-ups' as appropriate, and agreed with parents. We will either change nappies according to this, or more frequently as required. We will listen to the children in our care and also change them at their request.
- Our changing area is warm, with a safe area to lay children and no bright lights shining down in their eyes. The area is screened to provide privacy but also visible to staff to safeguard children. Staff will inform a colleague that they are changing a child, and a log is kept of all nappy changes for parents information but also to provide an additional layer of safeguarding for children and staff.
- Parents are asked to provide their child with a personalised bag with nappies/pull ups and wipes that can be placed in the changing area.
- Our staff wear single use gloves and aprons before changing starts and the areas are prepared. The changing mat is cleaned with sterile wipes/spray for each child, following hygiene processes.
- Our staff never turn their back on a child or leave them unattended whilst they are on the changing mat. For example, if further items of clothing are needed, a colleague will be asked to fetch these.
- We ensure that nappy changing is relaxed and a time to promote independence in children. We are gentle when changing; we avoid pulling faces and making negative comments about 'nappy contents' and do not make inappropriate comments about children's bodies or genitals when changing their nappies.

- With parents agreement, we encourage children to wear pull-ups, or other types of trainer pants, as soon as they are comfortable. We encourage children to take an interest in using the potty or toilet; they may just want to sit on it and talk to a friend who is also using the toilet. We have books and other resources available to introduce toilet training, and show it is a normal part of every day life.
- Older children access the toilet when they have the need to and are encouraged to be independent.
- We encourage all children to wash their hands, and have soap and towels to hand. They should be allowed time for some play as they explore the water and the soap.
- We do not use anti-bacterial hand wash liquid or soap for young children; young skin is quite delicate and anti-bacterial products kill off certain good bacteria that children need to develop their own natural resistance to infection.
- We dispose of nappies and pull-ups hygienically; nappies and other waste is bagged and put in the nappy bin. Cloth nappies, trainer pants and ordinary pants that have been wet or soiled are bagged for parents to take home.
- We have a 'duty of care' towards children's personal needs. If children are left in wet or soiled nappies/pull ups in the setting this may constitute neglect and will be a disciplinary matter.

This policy should be read in conjunction with our Safeguarding Policy and Staff Disciplinary Policy.

This policy is reviewed annually, or as deemed necessary.

Policy reviewed and updated.....15/6/18.....(date)

Signed.....H Roberts.....